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FACT)SETTING COMPUTERS, MONITORS AND
COPIERS TO SLEEP-MODE WHEN NOT IN USE
HELPS CUT ENERGY COST BY 40%

Astral connection

Neeta Sinha throws light on the emerging new trend of Astro Architecture

Astro Architecture, as the phrase suggests, is a science that involves the use of astrology in architecture. Interested in the occult from an early age, astro-architect Neeta Sinha spent seven years doing research in astrology. In research conducted by Neeta with her mentor Dr. L.N. Kusuma (a renowned homeopath and cosmic research scientist) they discovered that not only people, but houses too had horoscopes.

In her twenty plus years stint in the field of making horoscopes for houses, Neeta has dealt with a variety of celebrities and prominent personalities like Amitabh Bachchan, Shahrukh Khan, Kirron Kher, Karan Johar, Rinkie Khanna and many more.

Give her the architectural plan of a home, office, hotel or store and without suggesting any structural changes, Neeta can balance the negative energies with the positive ones by using astro architecture.

At times Astro Architecture is thought to be the same as Vaastushastra. However, there is a big difference between the two sciences as Neeta claims. "Even though different flats in a building are constructed with the same Vaastu specifications, the people living in those flats face different ups and downs in life. This is where Astro Architecture comes in. Astro Architecture depends on factors like the name of the person living in the house, the name on the deed and finally the name of the property itself." Neeta first studies these features thoroughly and then goes about suggesting the changes. Thus Astro Architecture is completely flexible and customisable according to the person's need, which is not the case with Vaastushastra or Feng Shui.

In the practice of Astro-Architecture



there are five elements that possess the intrinsic ability to eradicate the negative areas. Depending on the 'vaastu' of a particular structural space Neeta suggests the appropriate placement of any one of these five elements. The five elements include:

Dropping moneyplant

It's one of the simplest ways to get rid of the negative energies. Plants breathe and hence take away the negative energy in the house when placed in the right area. The plant should be dropping or flowing from the pot rather than winding from grills.

Red

This colour signifies energy, blood and a powerful internal force, hence it is considered to be one of the most dangerous, aggressive and yet effective colours to bring cosmic balance in your immediate environment. Misuse of this colour can have adverse side effects but its judicious use can bring good luck.

Mirrors

Mirrors work equally well in eradicating the negative energy in one's environment. Though it is popularly believed that one should not see his/her own reflection in the mirror while sleeping, there is no truth behind this myth.

Wind chimes

The sound vibrations of wind chimes signify, astronomically, the cleansing of one's dwelling/homestead. Naturally, wind chimes are best placed near the window, as they should be ringing constantly. Earlier women used to wear *payals*, hang keys on their waist and ring bells in the house to help eliminate the negative energy.

Water body

A fish tank or a fountain signifies the washing away of negative energy. Any water feature should always have flowing water, as stagnant water invites negative energy.

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