

# lifestyle

## Grandma's ADVICE Patience is the key

**Q** I am married for four years and have a one-year-old kid. I work part-time and also go to college part-time. My husband works full-time and goes to college part-time. My husband's parents watch my kid when I go to work. Living in the US, we have no maid. I have to do all the house work as well. My husband is a very ambitious person. He likes to stay late at work and after returning home he works on the computer until he has to go to bed. He is frustrated by all the work load. He has a bad temper and uses foul language. He has also mentioned about divorce a couple of times. But I don't think that divorce is the solution. Please advice.

Dear lady,

You come across as a sensitive and sensible person. I'm sure you realise with recession, there are layoffs happening and that's why many professionals are compelled to work long hours under stressful conditions. It is possible that your husband is reacting from that stressful state. Yes, a divorce would be a foolish decision as there is no major problem between the two of you. You need to be very patient and supportive. Give him the space he needs right now. Don't provoke him when he is in a bad mood. Wait till he cools down and then discuss your problems with him. In time, things will improve.



Having problems with your marriage? Want to talk about it? Write to Grandma and take her advice. Letters must be addressed to: grandma@deccanmail.com

## House decides your fortune

Astro architect Neeta Sinha, who is popular among Bollywood stars for bringing positive changes in their lives, shares important tips for healthy living

BY SAUMYA BHATIA

**A**stro architect Neeta Sinha's words are taken seriously by the who's who of the Indian film industry. From changing the name of Amitabh Bachchan's house to Jalsa from Maansa, from advising Shah Rukh Khan to name his abode Mannat, Neeta has brought about many positive changes in people's lives. Currently, Neeta is busy making changes in John and Bipasha's houses.

Just like a human horoscope is affected by the time and place of birth, the horoscope of the house is divided into 12 sectors. The most important considerations are the name of the owner and whether it's a residential or office space, Neeta said.

How did you get interested in house horoscopes and who did you learn this technique from? Neeta reveals that all this started 24 years ago with Dr L.N. Kusuma, who was a research scientist and her mentor. "We extensively researched 30,000 homes in Andhra, where we came to a conclusion that every house has a horoscope and it needs to be balanced with its owners. I add small elements like mirrors, coloured cushion covers, plants, paintings to bring about changes," she added.

Neeta revealed that she has faced difficult moments in her profession. "Initially, it was difficult to make people understand this science and to make them believe its effectiveness. Since they were all scared by Vaastu and



Astro architect Neeta Sinha (right) with actress Twinkle Khanna

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1. There should be a fragrance in the house.
2. Every room should have some colour. Infuse colours in every room.
3. Keep money plants in that corner of the house, which disturbs you the most.

Feng Shui and the structural changes that they recommend.

But later they saw the results that this science brought into their lives. Also, the word-of-mouth publicity worked well for me and now I don't have any problems," she said. Neeta has developed her "sixth sense" and doesn't even need to visit someone in person

to help them. She studies the architectural plans or maps of the house to know where the trouble lies. She decipheres that her science can solve problems like having issues with maids, children not studying and even ego clashes. Her technique is swift and effective. She said, "The results can be seen within a week."

She advised Akshay Kumar to purchase his home using his real name, Rajiv Bhatia and not screen name. "He did all the paperwork using his real name," she said.

When asked how he feels bringing changes in people's lives, Neeta answered, "It's always a overwhelming feeling to know that you can make a positive change in people's life. When you see good things happening in other's lives, you feel good because people come and share their happiness and their blessing is worth every effort."

## Esha's secret plans

**T**here's a reason why you haven't seen Esha Deol off late. It's coz her mom Hema Malini who has asked her to stay away from the limelight so as to no expose her new look for their film together. Oh no, not another one, right? But then when you have only one film in hand that too produced by your mother, you just do as told, don't you? After much trouble, the film will be underway soon. And Mama Malini will be taking over the director's chair as well, after having a fall out with original choice Revathy. The pre production for the film is now complete and both mother-daughter are highly

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charged about their first film together. Esha who is the central character in this female centric film, has gone in for special training and has had a specially designed look for the film, which her mom wants to keep guarded. Her entire production unit will be bound by a contract not to speak a word about the film till the film's up for release. The last time anyone did that was Sushmita Sen who went on signing secrecy contracts with her staff for *Laxmibai*. Look what happened to that.



Esha Deol