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» WELLNESS (*Astro-architecture*)

# HOUSE DOC *to the Stars*

By SHRUTI VEERA

**Every house has a horoscope' says prominent astro-architect Neeta Sinha's tagline. In her career she has researched and studied over 30,000 homes and has been a house doctor to the rich and famous – be it Amitabh Bachchan's Jalsa or Shahrukh Khan's Mannat.**

Bollywood stars such as Hrithik Roshan, Akshay Kumar, Bipasha Basu and John Abraham are just a few other names apart from industrialists and hoteliers. Several non-resident Indians in South-east Asia also seek her advice to improve their homes and lives.

Sinha shared several interesting anecdotes in an exclusive interview with **India Se**.

**India Se: What is astro-architecture? What are the principles behind it? How is it different from vaastu or feng shui?**

**Neeta Sinha:** Astro-architecture is a unique combination of three sciences - *vaastu*, *feng shui* and astrology. As per this science, every house has a horoscope. By studying the horoscope you can balance the positive and negative energy to bring peace and harmony in the house. In *vaastu* and *feng shui*, direction is the most important factor while in astrology a person's time of birth is the basis of all calculations. When studying the

horoscope of a house, the name of the owner is most important. If you consider a 40-story high rise building, all apartments facing a certain direction have the same floor plan and therefore all entrances face the same direction. In that case, according to *vaastu*, the people on all 40 floors should be successful or troubled at the same time. But that doesn't happen. This is where the horoscope of the house comes into play. The same house layout gives different results to different people, which can only be understood by using astrology, *vaastu* and *feng shui* all together.

**IS: Vaastu and feng shui seem to be contradictory in many ways, especially when it comes to auspicious directions. Why is it so?**

**NS:** In India, mountains are in the North and water is in the South. Hence North is considered to be very auspicious. In China, the position of mountains and water is the opposite and hence South is considered

auspicious. *Feng shui* is not 100 per cent workable in India and *vaastu* may not completely work in China. Hence the clash, but overall, the two are very compatible. *Feng shui* is more about colours, sound vibrations, mirror placement etc whereas *vaastu* is more about the structure. But colours are a big part of Indian culture too - for example - drawing rangolis at the entrance of the house.

**IS: There are many vaastu experts who make general predictions about certain do's and don't's. What is your take on that?**

**NS:** *Vaastu* is an ancient science that was written at the time when there was no electricity. Since the sun was the only source of light and energy at that time, the house had to be built keeping its movement in mind. But our dependence on the sun has reduced hence the science of *vaastu* is not completely relevant today. I

never make general comments on the layout of a house as it can be confusing and disastrous. A classic example is Raj Kapoor's house – he achieved everything in terms of wealth, name, fame, family etc at that house. Some *vaastu* expert made a very general comment that the lady of that house will never be happy. He actually ended up spending a lot of money just to move the inlet of the water to the other side of the house so that it works in favour of the lady of the house. When I went there I said this was not required. But what was done was done.

**IS: The tools that you use in balancing the energies of the house are very easy to adopt. Tell us about it. How soon can one expect results?**

**NS:** As I said earlier, the most important thing is the name of the owner of the house. Some of the other tools that I use are mirrors, money plant, water body placement and colours. Usually the changes are expected within a week sometimes within a few days.

**IS: What led you to do the houses of some of the most prominent names in Bollywood?**

**NS:** Kirron Kher was anchoring a talk show *Jagte Raho* on occult practitioners. I was very keen to participate in that show and answer the questions that some others were not able to. I contacted Kirron Kher and she asked me to first do her house, which I did. She was extremely happy with the results and recommended me to several other people in the industry.

**IS: Your advice has been responsible for Amitabh Bachchan's second lease in life. Please tell us about it?**

**NS:** Amitabh Bachchan was almost forced by his daughter Shweta to consult me. At that time Bachchan was going through a rough patch and many people had suggested numerous changes to his house, but none of them left any impression on him. It was quite a difficult situation for me but I took it up as a challenge. Bachchan's house is completely against *vaastu* - you name the problem and it existed in that house. When I first asked him to change the name of his bungalow *Maansa* he completely rejected the idea. I told him to place a placard with the new name *Jalsa* and that I would meet him in one week. After a lot of persuasion from his family, he put up the new name in faint yellow, so that it was not clearly



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visible. In that week itself he bagged the hit television show *Kaun Banega Crorepati* and signed two new films. Then he called to thank me personally. Once you gain his trust, he is the best listener and follower. Now, if there is a problem he always consults me. He called me even when his father was ill.

**IS: You played a vital role in Abhishek's career graph as well. Tell us about it.**

**NS:** Both Amitji and Abhishek's names start with 'A' because of which everything that I was suggesting for Abhishek was bringing rewards to the father. Then I asked Bachchan Sr to name a property on Abhishek's name on which I could work and he

finally did that. Also when Abhishek-Aishwarya's house - *Jalsa 2* was being constructed he again consulted me.

**IS: You named Shahrukh Khan's house Mannat. Tell us about it.**

**NS:** I met Shahrukh just prior to the release of *Josh* and *Mohabbatein*. He was really banking on the success of both these films. When I went to his house there was no name to it and I suggested he to name it with the letter 'M'. He then came up with the name *Mannat*. After that *Josh* did very well and *Mohabbatein* established him as a super star. Even when his daughter was born he was very keen on naming her Suhana for which he sought my opinion.

**IS: You are very close to Akshay Kumar's family. What is your relationship with them?**

**NS:** I told Akshay Kumar to buy his house in his original name Rajiv Bhatia.

When they were expecting their son Aarav, I gave Twinkle and Akshay a date two weeks prior to her actual expected date given by the doctor. Eventually she delivered on the same date that I predicted. The trust factor is huge between us.

**IS: Nowadays so much emphasis is put on the power of thought and how anything can be manifested in life through that power. Then why do you think people would want to believe in astro-architecture?**

**NS:** Firstly, everything in life is predestined. If you are not destined to achieve something then your thoughts will also not be in the direction. For example, Amitabh and Ajitabh Bachchan are brothers. Ajitabh is better looking than Amitabh. But why is it that he did not even try to become a film star because he never had the interest to begin with. So the only thing that is in your control is your *karma* - everything else is predestined. And based on your *karma*, your passion, you can maximise or minimise your results. ☐

